

Below is a summary of our benefits on the 5 top option:

🗱 Unlimited hospitalisation for all planned procedures at any Netcare, Life Healthcare and Mediclinic (Western Cape). Paid @ 100% MST (Auth Reg) -ER-Unlimited hospitalisation for all emergency procedures at any nearest hospital. 🚥 🗤 🕫 Unlimited Easy-ER (Casualty/ Emergency room) benefit for physical trauma / playground accidents / sports injuries. (Triage vellow, orange, red). Medication on discharge **R 670**. Virtual GP consultations available with Kena Health at the fraction of the cost of normal GP kena* Unlimited ambulance services, Netcare 911. \$ Cover for **26** PMB chronic conditions and hormone replacement therapy. ٩ Separate appliance benefit. Separate MRI/CT scan benefit (in and out of hospital). 🔊 Smart Baby Programme (No co-payments on elective C-sections, Midwives and waterbirths covered, Private ward for natural childbirth.) 1º Health Booster benefit for preventative, early detection, maternity, weight loss and contraceptives (valued at over R35 000). DBC Programme, in lieu of hospital procedure for back and neck treatments. Co-payments for MRI/CT scan and in-hospital dentistry only. N) Members can use any service providers or GP of their choice. No referral needed to see a specialist. In- and out-of-hospital endoscopic procedures paid from risk, no co-payment if done in doctors' room or network hospital. Open Scheme, open to all living in SA. Child dependent rate till age 27 years with proof of studies for overaged children or spouses. Grandchildren, Parents as well as Nieces & Nephews allowed with proof of **financial dependency**. Q Mobile App with live online chat function, statements, certificates, benefit confirmation, confirm claims payment, claim submission, travel letter, maternity registration, specialist network list, authorization request. All new members get a first aid kit couriered with their membership cards. Preventative, early detections and MSA available during 3-month general waiting period (if applied). No late-joiner penalty for local government employees.





- Medication of discharge R670
- Medical appliance benefit of R 9 200
- MRI/CT scan benefit R20 900
- R 197 500 for oncology
- In-hospital psychiatric benefit of R 25 100
- Basic Dentistry 1 check-up per person, 2 infection control / barrier techniques per person 1 sterilised instrumentation
- Impacted teeth extraction in chair/theatre (no co-payment if done in chair/day-hospital)

40% Contributions

Ť	R 874.80	† Ť	R 1 576.00
İ i	R 1 190.00	∳ ¥∕İ	R 1 891.20
Ť hi	R 1 505.20	∦Å ħ	R 2 206.40
*Å it it	R 1 820.40	* ** *	R 2 521.60





 Additional annual family of for out-of-hospital general practitioner, specialist, medication, optical, dentistry, blood tests and x-rays.

Day-to-Day Benefit

		,	
Ť	R 3 295	≜Ť	R 5 210
Ťì	R 4 305	∳ ¥Ť	R 6 220
Ťн	R 5 315	∦Â Â	R 7 230
∦ Ťħ	R 6 325	# ## ##	R 8 240

- R 1 490 sublimit per person for optical (Frames = R 525, 1 pair clear single-vision lenses, 1 eye test)
- Over-the-counter glasses R 140 (1 pair per year per person)
- Medical appliance benefit of R 9 200, includes contraceptive device. Paid from risk.
- MRI/CT scan benefit R 20 900 in and out of hospital. Auth req. (paid from risk)
- R 197 500 for oncology (paid from risk once registered on Oncology program).
- In-hospital psychiatric benefit of R 24 000 (auth required).

40% Contributions

Ť	R 980.40	ŧ t	R 1 678.80
1î î	R 1 300.00	ŧ:t	R 1 998.40
Ťini	R 1 619.60	****	R 2 318.00
∦Ì ÌÌÌ	R 1 939.20	₩	R 2 637.60



EQUILIBRIUM

• Combined Medical Savings and day-to day benefit (family benefit) for out-of-hospital general practitioner, specialist, medication, optical, blood tests and x-rays. No sub-limits. Savings not used carry over.

Day-to-Day Benefit

Ť	R 6 279	ŧŤ	R 10 413
Ťi	R 8 200	.	R 12 334
1m	R 10 121	# # #	R 14 255
***	R 12 042	tit tit	R 16 176

- R 1 490 sublimit per person for optical (Frames = R 525, 1 pair clear bifocal/multifocal lenses or R 730 for contact lenses & an eye test)
- Over-the-counter glasses R 140 (1 pair per year per person)
- Separate dental benefit. 1 annual check-up and 1 cleaning which includes, x-rays, fillings, plastic dentures, root canals and orthodontics for child dependents under 18 years. Paid from risk.
- Medical appliance R 9 200, includes contraceptive device. Paid from risk.
- MRI/CT scan R 22 000 in and out of hospital. Auth req. Paid from risk
- R 197 500 Oncology (paid from risk once registered on Oncology program)
- Additional 4 chronic conditions: Rhinitis and major depression for all dependents,
- Prosthesis benefit of R 4 150.
- In-hospital psychiatric benefit of R 25 100 (auth required).
- Only pay for 3 children.
- Acne and ADD/ADHD/Hyperkinesis for children under 21yrs.

40% Contributions

Ť	R 1 221.60	≜ ∱	R 1 976.00
Ťŧ	R 1 597.20	ŧ ŧ İ	R 2 351.60
Ťн	R 1 972.80	∦ŘŘ Ř	R 2 727.20
∦ Îti	R 2 348.40	11 11 1	R 3 102.80



• Additional annual family benefit for out-of-hospital general practitioner, specialist, medication, optical, blood tests and x-rays. Sub-limits for over-the-counter

Day-to-Day Benefit

Ť	R 9 300	≜ ∱	R 16 060
İ i	R 11 180	İ t	R 17 940
1m	R 13 060	∦ŘŘ ti	R 19 820
∦Ř ŤŇ	R 14 940	t İİ İ	R 21 700

- **3** *free* GP consultations for child dependents once day-to-day benefits have been exhausted.
- R 1 975 sublimit per person for optical (Frames = R 660, 1 pair clear bifocal/multifocal lenses or R 885 for contact lenses & an eye test)
- Over-the-counter medicine R 2 090 sublimit
- Separate dental benefit. 2 annual check-ups and 2 cleanings which include, x-rays, fillings, plastic dentures, root canals and orthodontics for child dependents under 18 years.
- Medical appliance R 9 500, includes contraceptive device. Paid from risk.
- MRI/CT scan R21 950 in and out of hospital. Auth req. (paid from risk)
- R 222 000 Oncology (paid from risk once registered on Oncology program)
- Step-down Facilities and Wound Care R37 600 (Auth Req.)
- Prosthesis benefit of R 8 050
- In-hospital psychiatric benefit of R 25 100
- Additional 4 chronic conditions for child dependents under 21 years of age for acne, rhinitis and hyperkinesis/ADD/ADHD and Major Depression for all dependents.

40% Contributions

Ť	R 2 169.20	≜ ∱	R 3 336.40
İ h	R 2 622.40	İ ¥İ	R 3 959.14
Ťiŧ	R 3 075.60	∦ÅÅ k	R 5 092.14
∦Ř ŤŘ	R 3 528.80	####	R 6 225.14





Additional annual family benefit for out-of-hospital general practitioner, specialist, medication, optical, blood tests and x-rays. Sub-limits for
 over-the-counter medication and optical.

	Day-to-Day Benefit					
Ť	R 14 456	₩Ť	R 17 552			
Ťì	R 17 552	∳ ¥İ	R 20 648			
Ťн	R 20 648	∦ŘŤ	R 23 744			
∦Ř ŤŘ	R 23 744	₩	R 26 840			

40% Contributions					
Ť	R 3 180.40	≜ ∱	R 7 813.14		
Ťŧ	R 3 998.14	∳ ŧ†	R 9 375.14		
1n	R 5 560.14	∦ŘŘ †	R 10 937.14		
∦Ř ħħ	R 7 122.14	## ##	R 12 499.14		

• R 3 950 sublimit per person for optical (Frames = R 1 260 , 1 pair clear bifocal/multifocal lenses or R 1 870for contact lenses & an eye test)

• Over-the-counter medicine - R 2 570 sublimit

Separate dental benefit. Each person is entitled to 2 annual check-ups and 2 cleanings which include, x-rays, fillings, plastic dentures, and root
canals.

 Separate benefit for specialized dentistry for crowns, bridges, metal frame dentures and orthodontics for child dependents under 18 years (20% co-payment).

- Medical appliance benefit of R10 800, includes contraceptive device. Paid from risk.
- MRI/CT scan benefit R 22 000 (in and out of hospital)
- Additional 18 chronic conditions to a maximum annual family benefit of R 11 300
- R 507 000 for oncology (paid from risk once registered on Oncology program)
- Sub-acute facilities and wound care, R 50 900
- R 59 100 for prosthesis
- R 50 900 for psychiatric treatment, sub-limit of R20 900 for out-of-hospital treatment. Auth req.
- Hearing aids, R 20 150 (R 10 100 per ear every 5yrs batteries and maintenance incl.)